

Boushra DALILE, Belgium



- Role of diet and nutrition in brain and psychological health
- Impact of dietary fiber (a plant-based food component) on emotions
- Developing diet-based treatment and prevention tools for mood disorders

Aleksandra Dobrego, Finland



- Spoken speech perception:
 - Recording of brain activity during listening to emotional speech and music
 - Clinical research of patients with and without depression
 - Development of tools for non-drug depression treatment

Anne-Sophie Heroes, Belgium



- Bacterial infections in DR Congo:
 - Determine bacterial contamination rate of transfused blood
 - Surveillance of antibiotic resistance in hospitals
 - Hospital hygiene and infection prevention: cross-sectional sampling studies to find sources of hospital acquired infections

3. Good health and wellbeing



3.2: End preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1,000 live births and under-5 mortality to at least as low as 25 per 1,000 live births

3.4: Reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being

3.8: Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all

Contributions



2. Zero
hunger

4. Quality
education

6. Clean
water and
sanitation

12.
Responsible
consumption
and
production

13. Climate
action

17.
Partnership
for the goals

Contributions



12. Responsible
consumption
and production

7. Affordable
and clean
energy

Reducing
inequality

Points of discussion

- Targets reflect predominantly hard end-points
 - Case for mental wellbeing (mortality to suicide vs. work days loss to mental health & quality of life)
- Nature of the group work
 - Pressing SDGs → integrate team members' expertise → creating multidisciplinary projects that tackle multiple
- Supervision or collaboration with sustainability experts to get guidance