



April 2024

Dear Subscribers,

We wish you all a wonderful start to the Summer Semester. We are thrilled to welcome all students back to campus as well as new students joining us this semester!

In our monthly newsletter, we will continue to share announcements, events, workshops, resources as well as additional information intended to support you throughout your studies.

On our website, please find the current issue of the newsletter as well as our previous issues in <u>English</u> and <u>German</u>.

We wish you a great semester!

All the best, International Student Support Team

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Subscribing and unsubscribing from our newsletter

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TIP OF THE MONTH

Mental Wellbeing at FU Berlin: support.points and walk-in services

Bringing psychological support services directly to departments across the FU campus, <u>support.points</u> offer students walk-in <u>office hours</u> to meet with a trained psychologist with or without an appointment. In addition to advising and support offered by the <u>Info-Service</u>, <u>General Academic Advising</u>, and <u>Psychological Counseling</u>, support.points are available throughout your studies and offer sessions in English, French, Finnish, German, Italian, and Chinese. Offering 10 to 30 minute sessions, our team of psychologists look forward to supporting you.

ANNOUNCEMENTS

General Academic Advising: New Hours

Starting April 2, 2024, <u>General Academic Advising</u> is offering new office hours, during which all students are welcome to walk in without an appointment and meet with an academic advisor. All students are also welcome to make an appointment to meet with an academic advisor. Appointments are available for in-person as well as online meetings.

- **Open Office Hours:** Mondays, 2:00-3:00 pm (GMT+2 / UTC+2) Tuesdays, 9:30 am-12:00 pm (GMT+2 / UTC+2)
- Location: Student Services Center (SSC) located at Iltisstrasse 4, 14195 Berlin. Please request a waiting number at the Info-Service Counter located on the ground floor.
- **To book an appointment:** <u>Please fill out this appointment form online</u> or contact the <u>Info-Service Studium</u>.



EVENTS & WORKSHOPS

Center for Academic Advising and Psychological Counseling

The Center for Academic Advising and Psychological Counseling regularly offers workshops and a complete list is available <u>online</u>. Below, we have included our upcoming workshops and are happy to invite you to join!

- <u>Studieren mit Lust und Methode (Studying with Enthusiasm and Method)</u>: 26.04.2024, in German
- <u>Selbstsicherheit und Kontakt (Self-Confidence and Connection)</u>: Starting 07.05.2024, in German

Events across the FU Campus

- <u>Offene Schreibsprechstunde (Open Writing Workshop</u>): Starting 03.04.2024, this weekly writing workshop is offered by the FU Central Library and meets online as well as in-person. In German.
- Service | Online-Infoveranstaltung des M.A. Musik, Sound, Performance (Online Information Event for a Master's in Music, Sound, Performance): 23.04.2024, in German
- Insidertipps für die Bewerbung (Tips for your application): 14.05.2024

studierendenWERK BERLIN

The studierendenWERK BERLIN not only manages the Mensas across the FU Campus, but they also offer a range of services, including <u>counseling for financing your studies</u>, <u>psychotherapeutic counseling</u>, <u>counseling for barrier-free studies</u>, as well as <u>writing tutoring</u>. In addition, they regularly offer workshops open for students, such as:

- Zeig dich! Sicherer sprechen vor Gruppen (Present yourself! Speak more confidently in front of groups): Starts 23.04.2024, in German
- <u>SprachCafé: Let's speak German! For Students with Refugee Backgrounds:</u> 25.04.2024
- How to find a job in Germany: 13.05.2024, in English