

May 2024

Dear subscribers,

We hope you've had a great start to the summer semester and have been able to settle in well (again) on campus!

In our new newsletter, we would like to draw your attention to announcements, events, workshops, resources, and additional information related to your studies.

As our **tip of the month**, we prepared a mini portrait piece on General Academic Advising at FU Berlin in this newsletter. We spoke at length with two student advisors and created this introductory piece based on our interview. The tip of the month can be found on page 2 of the newsletter.

As always, please find on our website the current issue of the newsletter as well as our previous issues in <u>English</u> and <u>German</u>.

We wish you a great semester!

All the best, International Student Support Team

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### TIP OF THE MONTH

#### A Portrait of General Academic Advising

At General Academic Advising at FU Berlin, you can get advice on any topic related to your studies. The <u>academic advisory team</u> consists of seven academic advisors who have studied themselves and completed degree programs in, for example, psychology, teaching, social sciences, and the natural sciences. An advising session lasts 30 to 45 minutes and can take place on site at the FU Berlin Student-Service-Center as well as on the phone or online. Advising sessions are always confidential and completely tailored to you, i.e. you decide what and how much you want to talk about: The academic advisors are open and flexible and focus entirely on your needs.

It's good to know that you can go to the academic advisors with any topic that concerns you, even if it's indirectly related to your studies, and especially if you feel any kind of uncertainty or doubt about your studies: For example, if you realize that your subject doesn't really suit you and you would like to change it or drop it. Or even if you are actually very happy with your subject, but there is something wrong with the general conditions, e.g. everything feels like just too much, you get in touch with an academic advisor. You can also contact the General Academic Advising team if there is something organizational regarding your studies that needs to be clarified with your department, but you are not sure what is the best way to tackle the issue. If you feel pressure that is not directly related to the university, but is perhaps family-related or due to other issues, such as visas or financial matters, you can also go to General Academic Advising. Academic advisors are always ready to listen to you. Even if they can't offer a solution themselves, they can often refer you to other relevant offices, as they have a great network within the FU and are very familiar with the other departments on campus.

That's why the academic advisors would like you to know that you are always welcome to come and talk to them as soon as something is bothering you. As soon as doubts and uncertainties arise during your studies and you realize that you want to change something about them, they offer an open and supportive space to exchange ideas. And especially if something seems unsolvable, the academic advisors may be able to assist you in finding a solution.

This is how you can contact General Academic Advising!



## **ANNOUNCEMENTS**

- In addition to General Academic Advising, we would also like to draw your attention to the <u>Departmental Advisers</u> (Studienfachberatungen) that are available in each department at FU Berlin. If you have questions of any kind about your course of study or if you have any organizational questions about your studies, please contact the <u>departmental advisory services in your</u> respective department
- The Self-Study Center at the Language Center offers a <u>tandem program</u> for joint language learning. To register, please click <u>here</u>
- European elections: The European elections will take place on 09.06.2024. Further information on the elections and how to vote can be found <u>here</u> and <u>here</u>

### EVENTS & WORKSHOPS

# Center for Academic Advising and Psychological Counseling

The Center for Academic Advising and Psychological Counseling regularly offers workshops and a complete list is available <u>online</u>. Below, we have included our upcoming workshops and are happy to invite you to join!

- <u>Stress Competence</u>: Starts 28.05.2024, in English
- <u>Empowerment auf eigene Stärken vertrauen (Empowerment to rely on one own's strengths)</u>: 31.05.2024, in German
- <u>Vom Aufschieben Verabschieden (Say goodbye to procrastinating)</u>: Starts 05.06.2024, in German

### Events across the FU Campus

- <u>Insidertipps für das Vorstellungsgespräch</u> (Tips for a job interview): 27.05.2024, in German
- <u>Internationale Karrierewege Alumni der Freien Universität berichten</u> (International career paths Alumni of Freie Universität report), 28.05.2024
- Gaining career clarity: crafting your career roadmap: 12.06.2024, in English
- Informationsveranstaltung im Rahmen der International Week XXL | "Gemeinsam gegen Diskriminierung. Diversity- und Antidiskriminierungsstrukturen an der Freien Universität Berlin" (Information event for the International Week XXL | "Together against discrimination. Diversity and anti-discriminatory structures at Freie Universität Berlin"): 12.06.2024



### **EVENTS & WORKSHOPS**

### studierendenWERK BERLIN

The studierendenWERK BERLIN not only manages the Mensas across the FU Campus, but they also offer a range of services, including <u>counseling for financing your studies</u>, <u>psychotherapeutic counseling</u>, <u>counseling for barrier-free studies</u>, as well as <u>writing tutoring</u>. In addition, they regularly offer <u>workshops open for students</u>, such as:

- Lernen statt Pauken (Learning instead of cramming): 27.05.2024, in German
- <u>Welcher Schreibtyp bin ich?</u> (What type of writer am I?): 29.05.2024, in German
- Worin bin ich gut? (What am I good at?): 03.06.2024, in German
- Job interviews in Germany: Your path to success: 10.06.2024, in English

## OUR INTERNATIONAL WEEK XXL WORKSHOPS

- <u>Diversity Resources Mixed-Media-Workshop</u>: 20.06.2024, in English and/or German
- Bumpy start in Berlin?: 25.06.2024, in English
- <u>Methods of Scientific Work</u>: 27.06.2024, in English